

# PARADIGM



## EVOLUTION

### Thought you knew UCI?

In 2011 our commitment to creating complete workplace solutions has taken another huge leap forward.

Infused into the creation of Paradigm is an enhanced outlook of Innovation, Evolution, Resolution and Confirmation.

This ethos unites the creation of new product with our past experiences making it possible to provide a resolved product which has endured rigorous testing and trialing to meet and exceed existing standards.

**"The shift has begun."**

### A New Paradigm

Exceptional furniture design has the power to change the workplace.

By accommodating a wider range of worker needs and work styles the modular Paradigm workstation system helps create dynamic, interactive and collaborative working environments - all with a smaller footprint than ever. It even allows each desk height within a cluster to be fixed or individually adjusted.

With its clean aesthetic and smart design this beautifully crafted modular desk-based product will add style and bring efficiency with each easily configured instance.



**Beautiful Lines**

Paradigm desk layouts provide a clean and minimalist aesthetic whatever the configuration. Available for classic L-shapes (90 degree) or the more modern linear benches and 120 degree desks.



**Better Connections**

The best collaboration is spontaneous. And spontaneity doesn't happen in the conference room; it happens when co-workers connect, when team members interact naturally in their own space.

Keeping the line of sight open between visual and social barriers, giving people better access to each other, their information and their technology.



Paradigm removes visual and social barriers giving people better access to each other, their information and their technology.



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**The workstation has  
been reinvented,  
and it's not  
“one-size-fits-all.”  
Understanding  
worker needs is the  
Paradigm-shifting  
secret to creating the  
right desk solution.**

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**A multitude of options to help make your workstation really work for you. Customise your area, manage your cables, create a space for the task at hand.**



**Details**  
Clock-wise from top left.  
**a** Electric user interface **b** Monitor arm **c** Cable relief **d** Power/data plate integrated with cable tray **e** Waste bin, Red for every day waste, Yellow for recyclable waste **f** Cable tray end cap **g** Winder handle.





Paradigm | Boardroom table

Paradigm range | p - 17



Designed to enhance the interaction between work, design, space and knowledge.  
**Paradigm maximises value and achieves innovative spatial outcomes to change your organisation.**



Paradigm range | p - 18



A range of solutions  
designed to inspire.  
Individually tailored to  
compliment your  
environment,  
promoting efficiency  
and effectiveness.



#### Environmental Journey

Paradigm is manufactured in Australia under International Standards: ISO 14001 and is GECA Certified.

It uses the latest in recycled materials and manufacturing techniques, such as using 60% virgin material (instead of 100%) and is designed for disassembly to assist in recyclability and reprocessing.

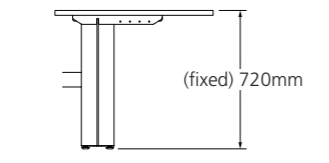
A typical workstation configuration can achieve the maximum seven credits for Green Star Office Interiors MAT-1 Workstation when eco-preferred content is specified.



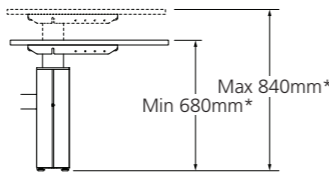
Specification

Height range  
(Based on 25mm worktops)

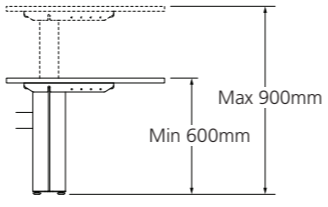
Fixed height



Technician adjust  
(\*20mm increments)

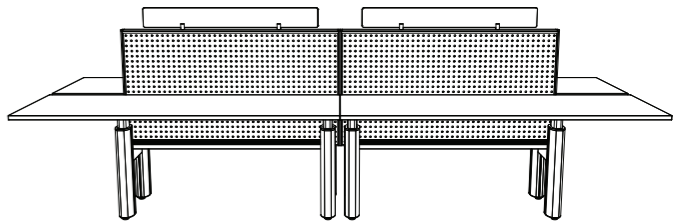


User adjust  
(Sit-sit)

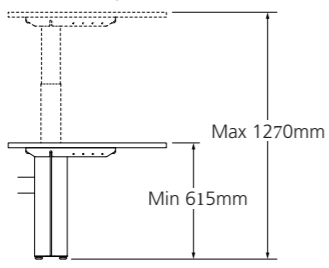


Back to back

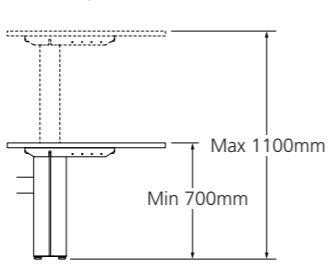
Worktop: 1800w x 700d  
Workstation: Sit-stand  
Screen: Zodiac 50 2500w x 650h  
Stack-on Panel: Acrylic 1050w x 120h



Sit-stand  
(Electric adjust)

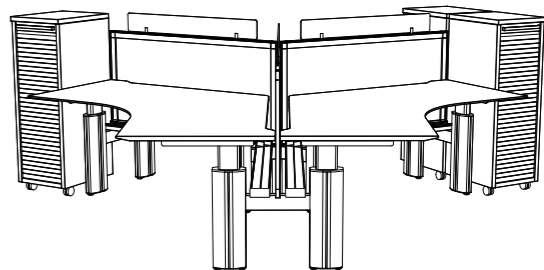


(User adjust)



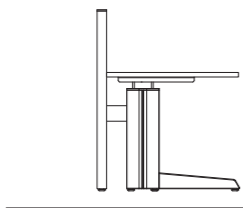
120 degree 3 way pod  
(Snowflake)

Worktop: 1200w x 750d  
Workstation: Technician  
Screen: Zodiac 22 1200w x 650h  
Stack-on Panel: Acrylic 900w x 120h  
Tallboy: 400w x 1100h x 500d

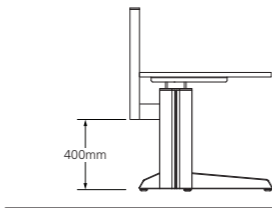


Screen mount options

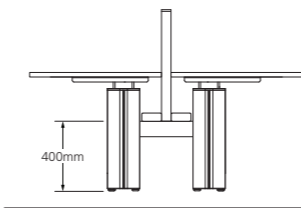
Floor standing panel



Suspended panel  
(Free-standing)

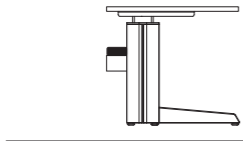


Bridge mounted panel

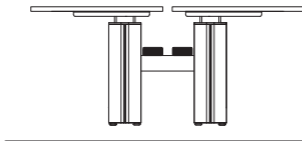


Segregated softwiring

Stand alone workstation

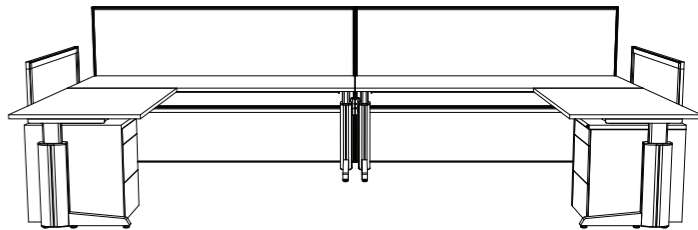


Back to back workstation\*\*



C - shape (90 degree)

Worktop: 2100w x 800d  
Workstation: User adjust  
Screens: Zodiac 75 2100w x 1250h  
          : Zodiac 22 1200w x 650h  
Mobile Ped: 465w x 630h x 550d

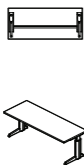


\*\*Extended bridge option for additional stability where deeper worktops are required.

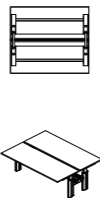
Specification

Single layouts

**Straight**  
Straight single



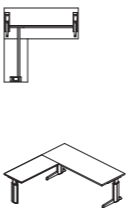
**Back to back**  
Straight back to back



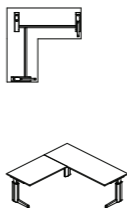
**120 degree**  
Single 120 degree



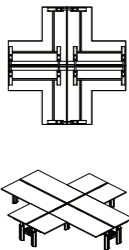
**90 degree**  
Straight bench with return



L - shape

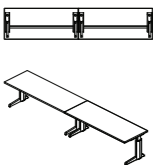


**4 way pod**  
Single 4 way pod

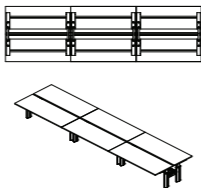


Small team layouts

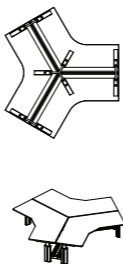
Double bench



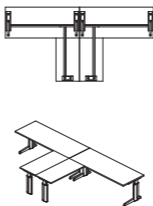
Triple back to back



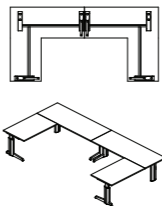
120 degree 3 way pod



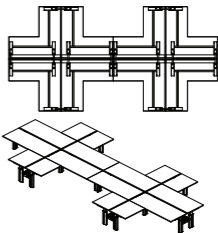
T - shape



C - shape

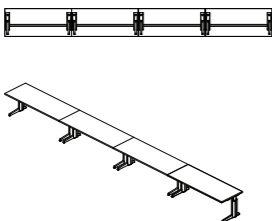


Double 4 way pod

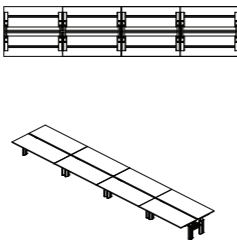


Large team layouts

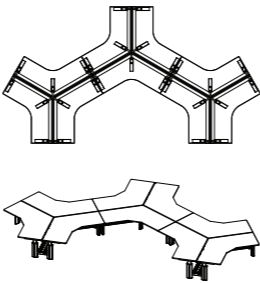
Quad bench



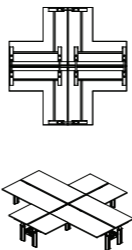
Quad back to back



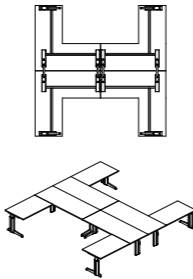
Snowflake 120 degree 3 way pod



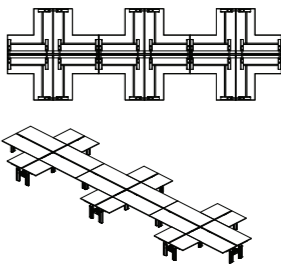
Back to back T - shape



Back to back C - shape



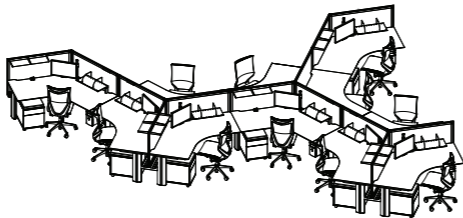
Triple 4 way pod



Combined layouts

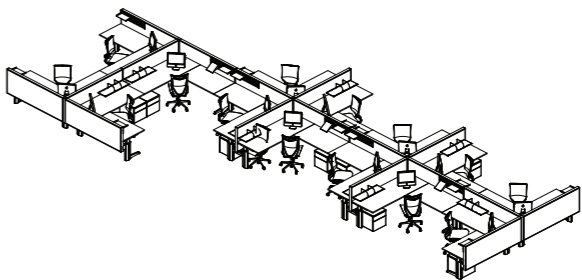
120 degree snowflake

Worktop: 1200w x 1200w x 800d  
Workstation: Sit-sit and Fixed  
Screen: Zodiac 22 1200w x 850h  
Mobile Ped: 465w x 530h x 550d  
Task chair: Baron  
Accessories:  
Landscape paper tray  
Monitor arm  
Desk mount shelf with dividers  
Name plate

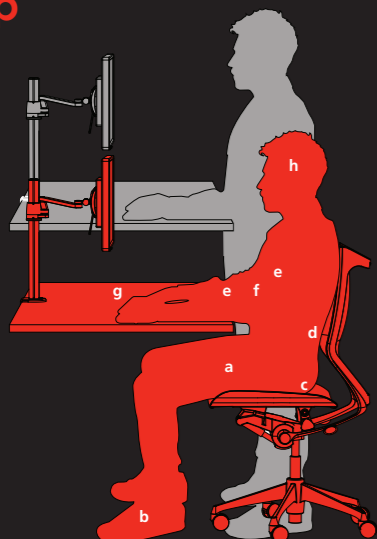


C-shape, T-shape and L-shape

Worktop: 1800w x 750d  
Workstation: Sit-sit and Technician  
Screen: Zodiac 50 1800w x 650h  
Mobile Ped: 465w x 530h x 550d  
Task chair: Baron  
Accessories:  
Top hung function wall  
Telephone holder  
Desk mount shelf with dividers  
Name plate



# Your Workstation Setup



General principles for workstation set-up. Frequently adjust your posture throughout the working day and take frequent breaks away from your computer. Stretching exercises should also be completed on a regular basis throughout the day.

\*Medibank workstation setup fact sheet

## Workstation setup

### a Thighs

Running parallel to the ground. Hips/knees at 90°-100°.

### b Feet

Firmly placed on the floor.

### c Bottom

Positioned to the very rear of the chair to utilise the back support. Back of thighs clear of the chair.

### d Lower back

Supported by the backrest. Backrest angled between 90°-110°

### e Forearms and Shoulders

Forearms supported at or just above the desk height. Shoulders should be relaxed not hunched.

### f Elbows

Relaxed at the side of your body when typing and using the mouse (allow for 90°-110° angle when typing)

### g Wrists

Straight and in line with your forearms. Keyboard angle flat with G and H keys in line with the nose.

### h Head and Eyes

Head upright with ears in line with shoulders. Eyes in line with the top one third of the screen.

## Sit-stand user guide

### Recommendations

Alternate between sitting and standing throughout the day. Sit or stand for as long as you feel comfortable (at a minimum stand for 25% of the day to achieve the full benefits of a sit-stand workstation).

### Instructions

#### To set the height of your sit-stand desk:

- 1 Determine the standing desk height by relaxing your shoulders and bending your elbows to 90 degrees.
- 2 Adjust the desk height to just below the forearms, by pressing the up/down buttons (electric only) or wind the crank handle clockwise/counter clockwise.
- 3 To set the desk at the correct standing height, press and release the 'S' button, and quickly press the desired memory button (1, 2 or 3) for three seconds (electric only).
- 4 Repeat the above steps to set the seated desk height (electric only).
- 5 To return to the pre-set position, press and hold the relevant memory button (1, 2 or 3) until the desk stops at the stored position (electric only).

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We look forward to seeing you in one of our showrooms this year.



Australian made product accreditation relates directly to the Zodiac 22 range. Not all accessories available through UCI.

